THE DARING WAY



SHOW UP | BE SEEN | LIVE BRAVE™ **B** based on the research of Brené Brown



3 Day Group Intensive

led by

Jenni Odell, MA, MFT Intern (IMF72680),CDWF-Candidate & Supervisor/Employer, Dr. DaLene Forester Thacker, LMFT,

LPCC (MFC33095/LPC629)

6/27/2014 - 6/29/2014

at

Park Marina Center for Wellbeing

353 Park Marina Circle Redding, CA 96001

\$500 early registration before June 4, 2014; \$575 after June 4, 2014

Daring Way^{TM} is a highly experiential methodology based on the research of Dr. Brené Brown. The method was developed to help men, women, and adolescents learn how to show up, be seen, and live braver lives. The primary focus is on developing shame resilience skills and developing a courage practice that transforms the way we live, love, parent, and lead.

When: Friday, June 27th 5pm-9pm; Saturday, June 28th 9am-5pm; Sunday, June 29th, 9am-1pm

Cost includes: light Friday meal, Saturday breakfast and lunch, Sunday brunch, participant workbook and keepsake booklet.

Space will be limited to the first 10 participants. Payment options are available upon request. *Call:* (530)-355-0115 or (530)-245-9221 to reserve your spot.

for more information:

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