



Somatic Experiencing®

TRAUMA INSTITUTE

Excellence in Trauma Resolution

Come Learn About Somatic Experiencing®

Are you a helping professional interested in more effectively addressing your clients' stress and trauma symptoms?

Somatic Experiencing® (SE™) is a gentle and potent psycho-biological approach to the prevention and resolution of trauma and stress-related conditions. Developed by **Peter A. Levine, PhD**, bestselling author of the book, *“Waking the Tiger: Healing Trauma,”* SE is based on the study of how animals in the wild process and recover from threat. It offers a framework to assess where your client is “stuck” in the fight, flight, freeze, or collapse responses and provides clinical tools to resolve these fixated physiological states that underlie so many trauma symptoms.

This introductory SE workshop is designed for professionals who work with the effects of trauma including: **mental and medical health professionals, body workers, first responders, educators, clergy, and other professionals in the healing arts.** Come learn about SE and the SE Professional Training coming to the Bay Area in 2015.*

Fundamentals of SE Workshop

Saturday, Nov. 15, 2014

10:00 AM - 5:30 PM

\$100 before 10/1 or \$125 after (\$85 students and interns)

6 CE Hours: BBS, BRN, NBCC

Location

Hilton Garden Inn
5050 Bechelli Ln (Redding, CA)

For more info

Joseph Day: (214) 662-8045
joseph@freshstartdr.com

To register

body-mindtherapy.com/register



Presenter: Brad Kammer, MFT, LPCC, SEP

Brad Kammer is a Somatic Experiencing Practitioner (SEP) and Training Assistant for the SE Trauma Institute. He has been involved in bringing SE to various communities around the world, including working with survivors of Hurricane Katrina in New Orleans and introducing SE to mainland China. Brad is a Somatic Psychotherapist in Ukiah, CA working in both private practice and community mental health. He is also an adjunct psychology professor at Mendocino College and National University. Brad's passion lies in supporting people in building resiliency, experiencing secure relationships and enjoying the pleasures of being alive.

To contact: bradkammer@body-mindtherapy.com

More info at traumahealing.com

***SE Professional Training coming to the Bay Area in 2015**